

Program Builder Online

pbo.scouts.ca/pol

Section : Cobra Pack En-Cubs

Programme : Intro to Cobra Pack

Start date : Mon 09 Sep **Start time :** 06:30

End date : Mon 09 Sep **End time :** 08:00

Programme Overview

Date	Time	Duration	Activity	Resource reference
Mon 09 Sep	06:30	10min	First Opening	Jungle Opening & Closing Ceremonies (Jungle Opening & Closing Ceremonies.pdf)
Mon 09 Sep	06:40	30min	MOWGLI GAME	
Mon 09 Sep	07:10	10min	Introduction to Cub Code of Conduct	1st Kanata Cobra Pack Code of Conduct (Cobra Code of Conduct.pdf)
Mon 09 Sep	07:20	10min	Skin the Snake	
Mon 09 Sep	07:30	15min	Reading: Mowgli's Acceptance into the Pack	
Mon 09 Sep	07:50	10min	Closing Ceremony	

Notices :

- Email the Code of Conduct
- Announce fall camp

Notes :

- Rain or shine event, so dress appropriately
- Ask cubs to bring hockey sticks
- Nestor to bring cones for hockey nets (or could use chairs perhaps)

Activity Instructions

Activity : First Opening

Date : Mon 09 Sep

Start time : 06:30

End time : 06:40

Duration : 10min

Notes :

Instructions

Start outside, near the rear entrance to the gym. Cover:

- Welcome tenderpaws & mention investiture
- Talk about Grand Howl, the opening/closing ceremonies and the Wolf Head Totem
- Overview:

<http://wiki.scouts.ca/English/images/8/8a/CubLeadersHandbook-Ch05.PDF>

- Jungle Open/Close:

https://docs.google.com/a/1stkanatascouts.org/file/d/0B_0LNbIH0tscLW1RcnJIY2xCRmM/edit?u

- Talk about dues

- Cub boxes

Equipment

Hand out copies of opening & closing jungle ceremonies

You may be able to purchase some of this equipment by visiting pbo.scouts.ca/waystohelp.

Additional Information

the first opening lasts about 10 minutes

Program areas

Methods

Resources

Jungle Opening & Closing Ceremonies (Jungle Opening & Closing Ceremonies.pdf)

Activity Instructions

Activity : MOWGLI GAME

Date : Mon 09 Sep

Start time : 06:40

End time : 07:10

Duration : 30min

Notes :

- ask cubs to bring their hockey sticks

Instructions

1. Have the Cubs choose a partner and stand across the room from each other, forming two lines.
2. Give each set of partners a number, 1,2,3,4 etc.
3. Place a cloth Mowgli in the centre of the room. Form a goal post at the other two ends of the room and place a hockey stick in front of each goal area.
4. Upon calling out a number, ie.#4 - the two Cubs with the number 4 race to their goal area, pick up their stick, run to where Mowgli is, and attempt to get Mowgli to their goal post. After scoring, the sticks are returned to their goal area, they rejoin their side, and another number is called.

Rules:

Sticks must not be lifted more than 6 inches off the floor.

No checking.

Give every number a chance to play.

Winning team is the one with the most goals.

Equipment

Cloth Mowgli
2 chairs for goal areas
2 hockey sticks

You may be able to purchase some of this equipment by visiting pbo.scouts.ca/waystohelp.

Location

Indoor

Group size

Small groups

Additional Information

Program areas

Natural World

Methods

En-Game - Steam-Off
En-Game

Resources

Activity Instructions

Activity : Introduction to Cub Code of Conduct

Date : Mon 09 Sep

Start time : 07:10

End time : 07:20

Duration : 10min

Notes :

bring printout & remember to ask Cubs to sign & return

Instructions

Talk about the importance of respect - the cub scout law. We have this law to make everyone feel safe, included, and so we can all have fun. We all have a right to have fun and feel safe in cubs.

So that we can all feel safe and have fun, we all have a responsibility to protect each other's rights, which we cover in our code of conduct.

The code of conduct must be signed by each cub and their parent or guardian. They must keep it with them in their cub boxes at every meeting.

Equipment

- one print-out of the code-of-conduct for each cub in the pack

You may be able to purchase some of this equipment by visiting pbo.scouts.ca/waystohelp.

Additional Information

Program areas

Methods

Resources

1st Kanata Cobra Pack Code of Conduct (Cobra Code of Conduct.pdf)

Activity Instructions

Activity : Skin the Snake

Date : Mon 09 Sep

Start time : 07:20

End time : 07:30

Duration : 10min

Notes :

Instructions

1. Form into sixes, standing behind each other, legs apart.
2. Players hold the left hand of the player behind them by passing their right hand back between their legs.
3. On Go! , the last player lies down and the rest move backwards, passing over him/her. As players reach the next player lying down, they lie down too.
4. When the last player lays down, he/she gets up and moves forward over the others, pulling them up after him/her.
5. Players hold hands the whole time. First team up wins.

Location

Both indoor and outdoor

Group size

Whole section

Additional Information

For more difficulty, make the teams larger by combining sixes.

Program areas

Outdoors

Methods

En-Game - Gathering
En-Game

Resources

Activity Instructions

Activity : Reading: Mowgli's Acceptance into the Pack

Date : Mon 09 Sep

Start time : 07:30

End time : 07:45

Duration : 15min

Notes :

Instructions

Read from the Jungle Book:

"Shere Kan does us great honor," said Father Wolf,
[...]

And that is how Mowgli was entered into the Seeonee Wolf Pack for the price of a bull and on Baloo's

Equipment

a copie of the Jungle Book by Rudyard Kipling

You may be able to purchase some of this equipment by visiting pbo.scouts.ca/waystohelp.

Additional Information

Should take about 15 minutes to read

Program areas

Methods

Resources

Activity Instructions

Activity : Closing Ceremony

Date : Mon 09 Sep

Start time : 07:50

End time : 08:00

Duration : 10min

Notes :

Instructions

Additional Information

Program areas

Methods

Resources

Jungle Opening

(Cubs are in their lairs. Inspection has just finished.)

Baloo: Look well, O wolves, look well.

Cubs: *Howl like wolves.*

Baloo: This is the hour of pride and power
Talon and tush and claw,
Oh hear the call, Good Hunting all,
That keep the Jungle Law!
Pack! Pack! Pack!

(Not skipping a beat, the Cubs walk in a line behind their Sixer from their lair to their place in the circle.)

Cubs: We are the [colour] six!
We are the [colour] six! ...

Akela: As the dawn was breaking the Wolf Pack howled...

Cubs: *(softly)* Once, twice, and again!

Akela: Feet in the jungle that leave no mark.

Cubs: *(softly)* No-Mark!

Akela: Eyes that can see in the dark.

Cubs: *(softly & miseriously)* The dark!

Akela: Tongue – give tongue to it! Hark, O Hark!

(The Cubs hold their hands out in front of them ready to do the Grand Howl. The Sixer in charge waits until all the Cubs are ready, then all the Cubs drop to the Grand Howl position.)

Cubs: **(loudly!)** A-ke-la we'll do our best!

(The Cubs jump up and put their wolf ears on.)

Sixer: **(loudly!)** DYB, DYB, DYB, DYB!

(Hands drop to a salute. Akela returns salute.)

Cubs: **(loudly!)** We'll DOB, DOB, DOB, DOB!

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Jungle Closing

Akela: Pack, Pack, Pack.

Cubs: *(as they gather in the Parade Circle)* Paaaaaack!
The Cub respects the Old Wolf;
The Cub respects themself!

(Any presentations, etc. are done now.)

Akela: As the dawn was breaking the Wolf Pack yelled...

Cubs: ...Once, twice, and again!

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(The Cubs hold their hands out in front of them ready to do the Grand Howl. The Sixer in charge waits until all the Cubs are ready, then Grand Howl, as in opening...)

Akela: The Wolf Cub Promise.

(Everyone makes the Cub sign.)

Cubs: I Promise to do my Best,
To do my Duty to God and the Queen,
To keep the Law of the Wolf Cub pack,
And to do a good turn to somebody every day.

Akela: A brave heart and a courteous tongue
shall carry you far in the jungle.
Wood and Water, Wind and Tree,
Wisdom, Strength, and Courtesy,
Jungle Favour go with thee!
Good night, Cubs. Safe home.

Cubs: Good night, Akela!

(Cubs leave circling clockwise around the circle shaking hands with each Scouter as they pass by.)

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1st Kanata Cobra Cub Pack



Code of Conduct

Rights

As a cub of 1st Kanata Cobra pack, I have a right to:

- Have FUN!
- Be heard by others when it is my turn to speak.
- Feel safe when I am with my cub pack.
- Feel accepted by my cub pack.

Responsibilities

As a cub of 1st Kanata Cobra pack, I have the responsibility to ensure that others enjoy those same rights. Therefore, I shall:

- Encourage my pack mates to have fun.
- Respect my pack mates.
- Raise my hand to speak.
- Not speak out of turn.
- Not make my pack mates feel badly, or hurt them on purpose.
- Not leave the meeting area without permission from a leader.
- Not swear.
- Not hit.
- Keep a copy of this Code of Conduct with me in my cub box, and understand it all.

Consequences

As a cub of 1st Kanata Cobra pack, I understand that there are consequences to all of my actions; sometimes good and other times bad. We have all promised to do our best, and in particular, we have promised to respect others and to respect ourselves. But if I fail to live up to my commitment, I accept the following consequences:

1. If a leader gives me a first verbal warning of improper behaviour, then I will listen and promise to do my best.
2. After a second warning, I will sit out a game or activity.
3. After the third incident of improper behaviour, my parents will be called and asked to stay for the duration of the next Cub meeting.
4. After this, I will be asked not to attend the next activity (whether that be a meeting or camp or sleepover)

Signature of Cobra Pack Cub Member Date

Signature of Parent or Guardian Date